Primary Sport Options

During Friday afternoon sport in Term 2, students will be participating in an options program. Students can select between the options of mountain biking, gymnastics, hip hop dancing and Teen Gym (Years 5 and 6 only). Students will need to select their options in order of preference from 1 to 4 (1 being their first preference). When allocating them into a sport, I will start with Year 6 and finish with Year 3 students.

Each sport has conditions, so students will need to read these carefully and make sure they can fulfil them before making their choice.

Options run for four sessions on a Friday afternoon and will take place during Primary Sport from 1.00pm-3.00pm:

- ♣ 3 May (Week 3)
- ♣ 10 May (Week 4)
- 4 17 May (Week 5)
- 4 24 May (Week 6)

All options are free of charge and teaching staff will supervise each sport.

Mountain Biking

The mountain biking program will be run at school. A student's mountain bike must be in good condition. A bike helmet and a suitable raincoat are also required. Mountain bikes can be stored at school or brought to school each week. The School has a number of bikes so students without a suitable bike can participate using one of these. However, they may be required to share the bike with another student.

Gymnastics

This will be run at Elevate Gymnastics Academy, Zaknic PI, Bunbury. Fully qualified instructors from Elevate Gymnastics will be running the sessions with assistance from BCGS staff. Gymnastics helps to develop flexibility, strength and balance, and of course this will be both challenging and fun. Like Hip Hop dancing, a positive attitude will be all that is required. Students will be bussed to and from the venue.

Hip Hop Dancing

The Hip Hop Dancing program will be run by Top Jazz in the Primary MPH, with assistance from School staff. Similar to gymnastics, hip hop dancing will help develop flexibility, strength and balance, as well as being challenging and fun.

Teen Gym (Years 5 and 6 only)

Teen Gym will be run by the South West Sports Centre with assistance from School staff. Students will be bussed to and from the venue. Students need to be prepared for a strenuous workout!

Please note that all selections must be completed by Thursday, 18 April.

Please **click here** to make your selections.

Geoff Dunbar Primary Sports Co-ordinator