

# DIETARY MANAGEMENT FORM

Ed.6- 02/20  
**CONFIDENTIAL**

Participant's name: \_\_\_\_\_

The Outdoor Education Group is aware that participants may have dietary requirements concerning allergy, intolerance, sensitivity, autoimmune disorders or a preferred diet for the purposes of cultural, religious and/or other lifestyle considerations. Every effort will be made to accommodate these needs. Please thoroughly complete the relevant questions below to enable us to provide appropriate food and dietary management.

**IMPORTANT NOTE: If a dietary requirement is related to an allergy, you are also REQUIRED to complete the Allergic Reaction Management Form.**

## NUT ALLERGIES

**Does the participant have a nut allergy?**

☐ NO ☐ YES

The Outdoor Education Group Nut Policy states; "catered food will not contain any peanut, tree nut, or their derivative as listed ingredients." In line with this policy we operate a 'No Nuts' practice and ensure that all catering managed by OEG maintains a nut free environment. Some products purchased for program consumption by OEG carry voluntary warning labels such as 'may contain traces' or 'may be present' and this is clearly labelled in the ingredients listing. Note that this policy applies to both The Outdoor Education Group provided food and participant-provided food.

Do you consent to the participant consuming products with these warning labels? ('may contain traces' or 'may be present'). If NO alternatives will be provided.

☐ NO ☐ YES

**DIABETES, AUTOIMMUNE DISORDERS OR ALLERGIES OTHER THAN PEANUTS AND TREE NUTS**

☐ NO ☐ YES

Please detail:

## IF ALLERGY IS PRESENT, PLEASE COMPLETE THE FOLLOWING:

- |  |                             |   |
|--|-----------------------------|---|
| 1. Can the participant consume foods marked "may contain traces of the allergen (e.g. milk, egg, etc.)"? | <input type="checkbox"/> NO | <input checked="" type="checkbox"/> YES |
| 2. Can the participant consume foods with the allergen 'cooked into' the food (i.e. egg in cake)?        | <input type="checkbox"/> NO | <input checked="" type="checkbox"/> YES |
| 3. Can the participant share cutlery/pots/pans/cutting boards?   | <input type="checkbox"/> NO | <input type="checkbox"/> YES            |

## INTOLERANCE

☐ NO ☐ YES

Please list all foods / ingredients that participant has an intolerance to and provide examples of possible substitutes. (e.g. Dairy Intolerance - soy or rice milk etc. | Fructose Intolerant - No apple, pear, wheat.)

## PREFERENCE

☐ NO ☐ YES

If diet information relates to a preference, please provide examples of possible substitutes: (e.g. Vegan - soy or rice milk etc. Honey okay? | Vegetarian - cheese and/or milk okay?)

## IMPORTANT NOTE:

*Substitutes we can provide will be chosen according to availability and appropriateness to program requirements and activity type. We may contact you to arrange for additional supply of foods from home.*

If you have provided all relevant information regarding the participant's specific dietary requirements, do you require follow up from our dietary and catering team? This will initially be via text message. ☐ NO ☐ YES

Primary contact phone number: \_\_\_\_\_

I declare that the information provided on this form is complete and correct and that I will notify The Outdoor Education Group if any changes occur as soon as possible. I give permission for The Outdoor Education Group to pass this information to a third party (e.g. restaurant, catering service) to facilitate the dietary requirements of my child (or myself for adults). I give permission for The Outdoor Education Group to retain this form for statutory archival requirements, noting that I can access it by appointment as per the Privacy Policy documented on The Outdoor Education Group website ([www.oeg.edu.au/privacy/](http://www.oeg.edu.au/privacy/)).

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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