



# Bunbury Cathedral Grammar School

## The Lighthouse Program

*A rite of passage program for Boarding students to help them discover their potential, develop life skills and build a sense of belonging.*

A Rite of Passage is a shared or individual experience that gives a person a sense of belonging. Rites of Passage help adolescents to make sense of their own developmental changes - spiritually, physically, and emotionally. This in turn helps them to develop empathy and understanding for others. Rites of Passage have been important in Traditional and Indigenous cultures for a very long time. In the modern world many of these practices have become obsolete, and young people search for their own ways to process their experiences of the teenage years. Our Lighthouse program takes advantage of the South West environment and is specifically tailored to the developmental needs of the Boarders in our care.

Through their journey on the Lighthouse Program, Boarders will walk the Cape-to-Cape track in a staged, themed, and physically appropriate sequence, so by Year 11, they will have achieved the full 135km. The program culminates with the Year 12 Boarders completing a dawn trek up Bluff Knoll, the highest peak of the Stirling Range National Park. Each stage of the Lighthouse program is underpinned by the themes of respect, honesty and empathy. When you enrol to board at Bunbury Cathedral Grammar School, you are not only joining a caring and dynamic community- you also become part of the Lighthouse program which will help you to learn about yourself, your environment, and develop life skills for your journey beyond school.





*Each year, Boarding students will participate in specific activities to support their wellbeing and strengthen their sense of self and build healthy relationships with their peers, other Boarders and staff.*

#### Year 7 – 'Knowing Yourself'

A one-day expedition walking from Cape Naturaliste to Yallingup (14km). Along the way students and staff will engage in conversational topics to better understand and know each other. As well as learning about fears, individual esteem will be developed by encouraging peer appreciation and acceptance.

#### Year 8 – 'Knowing Others'

A one-night camp and day hike expedition. Students will camp at Yallingup and continue their journey along the Cape to Cape track, starting at Yallingup and finishing at Moses Rock (20km). During this phase of the Lighthouse program students will be encouraged to share more of their self, in a safe and controlled environment, allowing their peers to learn more about them, helping to build acceptance, tolerance and belonging.

#### Year 9 – 'Knowing the Environment'

This stage becomes more physically challenging with two nights of camping, a hike from Moses Rock to Gracetown (16km) and a caving expedition. During this stage the focus is on students learning about the natural environment surrounding them to build consideration for and awareness of local, national, and global environmental concerns.







### Year 10 – ‘Leadership’

Year 10 students are chosen to mentor and lead other Boarders in their Units. During this phase of the Lighthouse program each student is provided the opportunity to lead the group and receive feedback in a safe, supported atmosphere, underpinned by respect and honesty. This stage continues to challenge students physically, incorporating two nights camping and two day hikes, where students have the opportunity to lead and be led. On day one students will walk from Gracetown to Prevelly (21km) camping overnight, before continuing to the Boranup Forest (21km).

### Year 11 – ‘Giving Back’

This stage is the culmination of the Lighthouse Program as students hike the final stages of the 135km Cape-to-Cape track. It is physically and emotionally challenging as students are asked to reflect on their individual Lighthouse journey, confide in each other, and, from this confidence, truly embed the sense of belonging to a group. Students will write to families and loved ones and celebrate their achievement with a special evening meal. Students will camp for three consecutive nights (two at Hamelin Bay and one in Augusta) and hike from the Boranup Forest to Cosey Corner (21km) and Cosey Corner to Cape Leeuwin (21km).

### Year 12 – ‘Looking Forward’

Run at the start of student’s final school year, the last stage of the Lighthouse program assists students to solidify their sense of belonging whilst looking ahead at their last school year and beyond. As a group they will be required to consider a legacy they wish to collectively leave the Boarding community. This stage involves a one-night camp at Bluff Knoll, a dawn climb to the summit, with a very special event. Students will celebrate the conclusion of the Lighthouse program with a shared lunch and personal reflection.

***The Lighthouse program will also include supporting activities that will take place within Boarding each term, to assist students on their journey of self-discovery and awareness and to prepare them for the physical stages, as well as provide time for reflection following the outdoor experience. Students will be encouraged to reflect on their relationships, their personal sense of self and wellbeing, by keeping a journal. This will offer tangible evidence of their personal growth throughout the program and provide them with a memento of their memories and experiences of their time in Boarding.***



## Join the **BUNBURY CATHEDRAL GRAMMAR SCHOOL BOARDING COMMUNITY**

We invite you to visit us to explore our beautiful bushland campus and discover the benefits of a Bunbury Cathedral Grammar School education.

### **Tours**

Families are invited to contact our Enrolments Office to arrange a personalised tour. These are a great opportunity to see the School in action and view the excellent facilities. Open days and group tours are also conducted throughout the year with dates available on the School website.

### **Enrolments**

We encourage families to make enquiries and submit applications as early as possible. Applications are processed strictly in order of receipt.

### **Scholarships**

Each year, a number of Scholarships are available for students entering Secondary School. Scholarships provide remission for a percentage of the tuition fee and are subject to the student continuing to pursue excellence. Full details are available on the School website.

### **Enrolments Office**

**Tel:** (08) 9722 6004

**Email:** [enrol@bcgs.wa.edu.au](mailto:enrol@bcgs.wa.edu.au)

**Web:** [www.bcgs.wa.edu.au](http://www.bcgs.wa.edu.au)

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