

Dear Parents / Guardians

As the Year 10 Outward Bound Camp is getting closer, please find below important information regarding the preparation.

General Information

The Outward Bound Camp will take place from Wednesday, 14 September to Friday, 23 September 2022. The camp runs over ten days (nine nights) and is held near Walpole on the South Coast.

The program includes an adventurous hiking expedition, rafting, leadership opportunities, self-reflection (solo) time, initiative and team building activities, and a high ropes course.

General information about Outward Bound can be found [here](#).

You may like to watch this short video to understand why [Outward Bound is the Heart and Heritage of Outdoor Education](#).

Permission Forms and Consent2Go

There are **two** separate permission forms to be completed. The first, a *Participant Consent and Medical Form*, is required by Outward Bound. The second is the *BCGS Consent2Go Form*.

Here is the link for the *Participant Consent and Medical Form*:

[BUNBURY CATHEDRAL GRAMMAR SCHOOL YEAR 10 Participant Consent and Medical Form 20220914](#)

A Consent2Go invitation will be sent out in Week 1, Term 3

Both permission forms must be completed by Friday, 5 August (Week 2, Term 3)

Information Sessions

A **student** information session, with staff from Outward Bound, will be held at School on Monday, 8 August from 2.35pm-3.20pm.

A **parent** information session, with staff from Outward Bound, will be held on Monday, 8 August 5.00pm-6.00pm, in the School Chapel. This information session is a great opportunity to discuss the program as well as what to bring, and what to expect. There will be an opportunity for questions. Parents can attend in person or online via *Teams*. There is no login or sign up required, and a *Teams* link will be sent out closer to the time.

Packing and What to Take

A BCGS (Mid Expedition) Packing List can be found [here](#) on the School [website](#). This outlines the type and quantity of clothes required for the camp. It is important to pack according to the packing list. Do not take mobile phones or anything that is not on the packing list. Many items on the packing list can be borrowed or purchased second hand. You do n'o need to purchase everything new!

- Outward Bound will provide students with a sleeping bag. If students elect to bring their own, it must be, as a minimum, a '3-season' sleeping bag.

- If you require medication(s), bring two lots (you must have one as a spare). They must be in two labelled zip-lock bags and handed to the teacher when you arrive at school on Day 1.
- All belongings should be packed into a soft bag (duffle type bag). No suitcases or hard bottom bags. Students will transfer their belongings into their hiking pack when they arrive at camp.
- Students may take a spare pair of clothes to wear home on the final day (this stays in the soft bag at base camp).
- A packed lunch for Day 1.
- Money for morning tea on the return journey on the final day.

Kathmandu Discount

Kathmandu Bunbury have offered our students a one-off community discount for purchases made during an exclusive shopping promotion. The letter, which you will need to present at the store, can be found [here](#) on the School [website](#). There is no requirement to obtain clothing or equipment from Kathmandu. There are several other local organisations who sell outdoor clothing and equipment.

Transport

Buses will leave School at 9.00am on Wednesday, 14 September and return at approximately 12.30pm on Friday, 23 September.

There will be an opportunity for students to be picked up (and dropped off) at Donnybrook, Bridgetown or Manjimup. To make arrangements for this, please email Mrs Lockhart for a Permission Form. This must be completed and returned by Wednesday, 24 August.

What to do on Day 1, Wednesday, 14 September

Students should:

- Wear long pants, long sleeved shirt, and hiking boots
- Bring a packed lunch
- Leave their phone at home
- Arrive at school at 8.20am
- Put medications (x 2) in two labelled zip lock bags and hand to their teacher before leaving school



Important Dates

- 5 August Deadline for completion of [Online Participation Forms](#) (Outward Bound)
- 5 August Deadline for completion of Consent2Go (BCGS)
- 8 August Student Meeting with Outward Bound Staff
- 8 August Parent Meeting with Outward Bound Staff
- 24 August Deadline for Permission Forms for drop off and pick up in Donnybrook, Bridgetown or Manjimup
- 14 September Depart for Outward Bound
- 23 September Return from Outward Bound (approximately 12:30pm)

Please do not hesitate to contact me on 9722 6027 or jocelyn.lockhart@bcgs.wa.edu.au if you have any questions.

Kind regards
Jocelyn Lockhart