

Exploring our Character Strengths



BUNBURY CATHEDRAL GRAMMAR SCHOOL

The School has created and personalised icons for each of the character strengths to make them our own and to reflect our natural bushland environment. A snapshot of each icon and explanation is given below.



AWE

Notes and appreciates beauty, excellence, and/or skilled performance in all domains of life.



BRAVERY

A courageous person who does not shrink from threat, challenge, difficulty or pain. Speaks up for what is right. Acts on convictions.



CREATIVITY

Thinks of new ways to do things. Never content with doing something the conventional way if a better way is possible.



CURIOSITY

Curious about everything. Always asking questions, finds all subject and topics fascinating. Likes exploration and discovery.



FAIRNESS

Treating all people fairly as an abiding principle. Does not let personal feelings bias decisions about other people. Gives everyone a chance.



FORGIVENESS

Forgives those who have done one wrong. Always gives people a second chance. Guiding principle is mercy and not revenge.



GRATITUDE

Aware of the good things that happen to oneself, never taking them for granted. Usually takes the time to express thanks.



HONESTY

Honest person, not only by speaking the truth but by living life in a genuine and authentic way. Down to earth and without pretence.



HOPE

Expects the best in the future, and works to achieve it. Believes that the future is something that one can control.



HUMILITY

Does not seek the spotlight. Lets results speak for themselves. Does not regard oneself as special, and others recognise and value their modesty.



HUMOUR

Likes to laugh and tease. Bringing smiles to other people is important. Tries to see the light side of all situations.



JUDGMENT

Thinking things through and examining them from all sides. Relying only on solid evidence to make decisions. Able to change one's mind.



KINDNESS

Kind and generous to others, never too busy to do a favour. Enjoys doing good deeds for others, even if one does not know them well.



LEADERSHIP

Excels at leadership tasks: gets things done and preserves harmony within the group. Makes everyone feel included.



LOVE

Values close relations with others, in particular those in which sharing and caring are reciprocated. Feels most close to the same people who feel most close to him/her.



LOVE OF LEARNING

Loves learning new things. Has always loved school, reading and museums - anywhere there is an opportunity to learn.



PERSEVERANCE

Works hard to finish what is started. No matter the project, 'gets it out the door' in timely fashion. Does not get distracted when working.



PERSPECTIVE

May not think of self as wise, but friends hold this view. Friends value perspective on matters and turn to person for advice.



PRUDENCE

A careful person, with consistently prudent choices. Does not say or do things that they might later regret.



REGULATION

Self-consciously regulates feelings and actions. A disciplined person in control of appetites and emotions, not vice versa.



SOCIAL INTELLIGENCE

Aware of the motives and feelings of other people. Knows what to do to fit in different social situations; knows how to put others at ease.



SPIRITUALITY

Has strong beliefs about higher purpose and meaning of the universe. Knows where one fits in the larger scheme. Beliefs shape actions.



TEAMWORK

Excels as a member of a group. A loyal and dedicated team-maker, always doing one's share; works hard for the success of the group.



ZEST

Regardless of what one does, approaches it with excitement and energy. Never does anything half-heartedly. Life is an adventure.